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Mrs. L.A.Hardman, Headteacher

Monday 5th June 2017

Dear Parents & Carers,

Sex Education – Bishop Wood Year 5

This half term we will be covering sex education during PSHE lessons.

The purpose of these lessons are:

- To be aware of the feelings and emotions they may experience during puberty and consider how to cope with these.
- Preparing children for adult life and discussing physical hygiene.
- Providing accurate information about how the body works and how their bodies will change.

How does it fit into the National Curriculum?

- Science - human body/reproduction.
PSHE - feelings, relationships, body changes.

Sessions will involve looking at video clips and discussion in the form of paired and small group activities such as sequencing stages of development or sorting changes during puberty into male/female/both.

The video clips we are going to use can be found by googling: 'bbc education growing up and puberty videos'. Choose the first option, which should be, 'BBC Bitesize KS2 PSHE and Citizenship'. When you are on this page, in the search box, type in the titles below:

These clips take two forms: cartoon style and scientific with Robert Winston presenting.:

1. Hormones and Puberty
2. Growing pains (scroll down to cartoon featuring Monica)
3. Having words (scroll down to cartoon featuring Tony)
4. Oh no it's BO! (scroll down to cartoon featuring Gabriel)
5. Erections and wet dreams (boys only taken by Mr Hall)
6. Wet dreams - second one down, first cartoon (boys only taken by Mr Hall)
7. Girls only party - scroll down to Monica (girls only taken by Mrs Day and Miss Francis)
8. Oh no! It's here - scroll down to Lara (girls only taken by Mrs Day and Miss Francis)

One of the sessions will involve separating the girls and boys (see clips above).

We will endeavour to answer most of the children's questions. There may be occasions when we will refer them back to you if we feel their question is not suitable for the majority of the group. Attached is a support sheet giving advice when talking about sex and relationships with your child.

You have the right to withdraw your child if you feel these sessions would not be appropriate.

Please inform the office before Tuesday 13th June if you would like your child withdrawn from these lessons.

Regards,

Mrs A. Day and Miss M. Francis
Year 5 teachers

