



www.tringswimmingclub.co.uk

Love Swimming



ARE YOU STAGE 6
OR ABOVE? IF SO,
WOULD YOU LIKE
TO JOIN US?

FREE TRIALS:
FIRST SUNDAY
OF EVERY
MONTH

SUNDAY 4th
MARCH

- Friendly, local club for all ages (7 to adult)
- Range of squads catering for different abilities and goals
- From 1 hour a week for fitness, to regular competitive swimming
- Land-based training, technique clinics and swim camps
- Qualified coaches
- Sessions at :

4-5pm

Tring pool (Mortimer Hill) and
Green Park (Aston Clinton)

5-6pm

Contact us for a free trial at

tringtrial@gmail.com

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