



Bishop Wood C of E Junior School

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Mr G Stanley, Headteacher

Friday 17th July 2026

Dear Year 4 Parents/ Carers,

We are pleased to be able to offer 30 minute swimming sessions to both Year 4 classes throughout the Autumn Term. These sessions will be every Friday afternoon at 2-2.30pm (4F) and 2.30-3pm (4A). The lessons will start on **Friday 11th September** and will run until **Friday 11th December**.

The lessons are at Tring Sports Centre and will be led by qualified swimming coaches. Girls will need a one-piece swimming costume and both boys and girls will need a swim hat if their hair is chin length or longer. Goggles are allowed. Please make sure your child's swimming towel and costume are brought to school in a separate bag. They will not need any shower gel or shampoo, as we only have time for a quick rinse after the lesson.

If you are able to walk to and from the pool with your child's class, please let Mrs Anechite/Miss Fretcher know via the office.

Best wishes,

Ella Thomas
PE Coordinator

