

Dacorum Family Services

Available for Tring parents!

OFFERING FREE AND CONFIDENTIAL SUPPORT FOR LOCAL FAMILIES. WE CAN HELP YOU WITH:

Managing your
child's feelings
& behaviours

Parenting
support and
tips

Family
wellbeing

Understanding
teens

Making
positive
changes

Linking to other services

Sam Lindars is your local School Family Worker; part of Dacorum Family Services. Sam aims to support you and your family in making changes that matter.

At the present time many of us may feel uncertain and anxious about the future, including our children.

To find out what support there might be in your area, contact Sam via email, a pre-booked zoom call or a chat on the phone.

For more information or to book a slot with Sam, please call

07598 329823 or email

s.lindars@hobbshillwood.herts.sch.uk

