

Sex Education Policy

Last Reviewed: May 2022

Next Review: May 2023

Introduction:

From September 2020, the teaching of Relationships and Health education became statutory in primary schools. These subjects support all young people to be happy, healthy and safe, preparing them for life as adults in British society. Under the new proposals, all schools are expected to teach children about good physical and mental health, staying safe online and offline, and the importance of healthy relationships. This includes ensuring that pupils understand the benefits of a healthier lifestyle, what determines their physical health, and how to build mental resilience and wellbeing.

The DfE statutory guidance (England 2019) expects schools to deliver work on puberty. This sits under the Health Education statutory expectations. As a school, we believe that children are likely to begin to have questions about changes to their body and that it is vital to support parents by teaching them what to expect and, more importantly, allowing them to share safely any worries they may have.

Lessons on sex education are left to the discretion of the school. At Bishop Wood, discrete sex education lessons are taught in the summer term as part of the 'Healthy Me' puzzle of the Jigsaw scheme. We hope that by incorporating sex education into PSHE lessons, we can reduce any potential anxiety around this area.

We believe it is an important part of our pupils' education and should be used to support their learning around forming positive relationships and maintaining health. It is vital that children are given factual information on these topics, and that any misconceptions are addressed as early as possible.

Jigsaw Scheme: the mindful approach:

We have chosen to use the Jigsaw Scheme due to it being a comprehensive RSHE programme covering all the requirements of government guidance and outcomes, and more. It provides schools with invaluable resources to ensure that the children are prepared for their futures, helping them to know and value who they truly are and to understand how they relate to other people in this ever-changing world. Jigsaw is regularly updating its resources to ensure it fulfills statutory requirements for Relationships and Health Education. As a school, our aim is to provide pupils with an inclusive, consistent programme which encourages growth, community and teaches them instrumental life skills, and working with the Jigsaw Scheme enables us to meet that aim.

Aims and outcomes:

The aims of Sex Education at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the
- importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

Below are the intended outcomes for each year group. Teachers will use their professional judgment to tailor these lessons to ensure the best learning for their pupils. Pupils will be given every opportunity to ask questions safely and discreetly and to discuss any worries or concerns.

Year 3	Year 4
<ul style="list-style-type: none"> • The parents' role in bringing up a baby • How to challenge stereotypical ideas about family roles • How a baby develops in the uterus • How a baby develops after birth • What a baby needs to live and grow • What puberty means and how it changes our bodies <p>As part of the statutory health education, Year 3 will also cover physical changes to boys and girls such as growing body hair etc.</p>	<ul style="list-style-type: none"> • Why people decide to have babies and what might be difficult about having a baby • The internal and external parts of male and female bodies necessary for making a baby • How babies are conceived through sexual intercourse • How genes work, with reference to the egg meeting the sperm <p>As part of the statutory health education, Year 4 will also cover menstruation including sanitary products.</p>
Year 5	Year 6
<ul style="list-style-type: none"> • How puberty prepares both girls' and boys' bodies for having a baby through sexual intercourse • The 'ingredients' (egg and sperm) for making a baby • The age of consent • What contraception is • When might be a good time to decide to have a baby • What happens when you can't have a baby, including IVF <p>As part of the statutory health education, Year 5 will also cover puberty changes to boys' and girls' bodies, including the reproductive system, wet dreams and the use of sanitary products.</p>	<ul style="list-style-type: none"> • A review of the internal and external parts of male and female bodies necessary for making a baby • How to know what is fact and what is a myth • What masturbation is • How a baby develops from conception to birth • How being physically attracted to someone changes the nature of the relationship • How to recognise when you're being pressured into doing something you don't want to do, in person and online <p>As part of the statutory health education, Year 6 will also cover how girls' and boys' bodies change during</p>

	puberty and how to look after yourself physically and emotionally.
--	--

Differentiation/SEND:

Jigsaw is a universal core PSHE and Relationships and Health curriculum provision for all children: inclusivity is a key part of its philosophy. Teachers tailor each lesson, where necessary, to meet the needs of the children in their classes. To support this differentiation, many Jigsaw lessons suggest creative learning activities that allow children to choose the media with which they work. Resources are sensitive to the needs and backgrounds of the children, will not reflect gender or cultural stereotypes, and are monitored annually.

Implementation:

Sex education lessons will be taught by class teachers in discrete weekly lesson during Summer 2 (after May half term).

Right to withdraw:

Pupils may be withdrawn from sex education lessons beyond the national curriculum for science. We are happy to provide parents with further information and support.