

Get ready to be a Roman Citizen with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Roman Britain Day. To help you feel like a Roman, there are two things you can do to get ready:

I. Choose a Name

You could pick a Roman name for yourself, here is a short lists of examples:

Girls' names: Aeliana, Antonia, Augusta, Aurelia, Camilla, Cassia, Cecilia, Decima, Drusilla, Flavia, Florentina, Junia, Laelia, Laurentia, Livia, Marilla, Octavia, Priscilla, Sabina, Tanaquil, Tatiana, Tullia, Valentina, Vita

Boys' names: Ambrosius, Atticus, Augustus, Aurelius, Brutus, Caius, Cassius, Claudius, Darius, Felix, Flavius, Gaius, Julius, Justus, Lucius, Marcus, Maximus, Octavius, Pontius, Quintus, Remus, Septimus, Severus, Silvanus, Tiberius, Titus, Traian, Vitus.

2. Assemble a Costume

Looking like a Roman will help you feel like a Roman. Costumes do not have to be fancy – you can do a lot with a large white T-shirt! It is easy to think of Roman costumes just in terms of togas, but there are a wide variety of styles. Here are some ideas:

Tunic: This can be a simple white dress for girls or a large white T-shirt for boys and girls. You can make one from an old sheet: fold it over, cut a hole in top for your head and if you have time stitch up the sides. You can wear this with a belt, cord or sash around the waist.

Chitton: You can, if you wish, add a chitton. This is a simple rectangle of coloured fabric (not too bright) with a central hole for the head, held in place with the belt, cord or sash.

Sandals: Simple leather sandals are good, but any sensible footwear will do.

Mantle: if you have time you could add a cloak fixed at the shoulders for boys or a shawl draped over one shoulder for girls.

Please do not come dressed as a specific person.

