

Get ready to be an Ancient Greek with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Ancient Greece Day. To help you feel like a Greek, there are two things you can do to get ready:

1. Choose a Name

Please pick a name for yourself from the lists below:

Girls' names: Ada, Agape, Agathé, Althea, Athena, Alexandra, Barbara, Calypso, Chloë, Cilla, Demetria, Doris, Dorothea, Electra, Eunice, Harmonia, Hermione, Hippolyta, Iola, Irene, Iris, Isadora, Lois, Lyra, Megaera, Niko, Olympias, Panora, Penelope, Persephone, Phoebe, Phyllis, Rhea, Rhoda, Sophia, Thelma, Theresa, Timandra, Zoe

Boys' names: Abantes, Alypius, Alexander, Artemios, Atlas, Bacchios, Carpus, Cronos, Cylon, Cyrenios, Daedalos, Damian, Davos, Deon, Dionysos, Dorian, Epicurus, Evios, Gallus, Gelo, Hektor, Helenos, Hermon, Herodes, Icarus, Idas, Kallinos, Lagos, Leo, Leonidas, Lycomedes, Odysseus, Orion, Orcus, Paris, Proetus, Sebastos, Sippas, Sisyphus, Tereus, Theodoros, Timon, Timotheus, Xanthos, Zuthos, Zagreus

2. Assemble a Costume

Looking like an Ancient Greek will help make you feel like an Ancient Greek. Costumes do not have to be fancy – you can do a lot with a large white T-shirt! Here are some ideas:

Tunic for boys/Chiton for girls: This can be a simple white dress for girls or a large white T-shirt for boys and girls. You can also make one from a pillowcase, or even an old sheet: fold it over, stitch up the sides and cut a hole in top for your head. Boys can wear with a belt, cord or sash around the waist, while girls may wear with a simple thin apron.

Himation: Fasten a rectangle of coloured cloth with a brooch or button on the left shoulder.

Please do not come dressed as a specific person, as all the children will be workers in the Agora in the morning.

